

# Family Carers Facts and Figures from Spain

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# Patterns of family care - EU

- representing a group of 100 million people; 25 % of the EU25 citizens
- 76 % of main carers of older people were women;
- Carers' mean age was 55;
- Nearly 50 % of carers were children of the older person;
- The median number of hours of caring was 24 hours a week, the mean was 45.6 hours a week;
- The average caring period lasted for five years;
- 41 % of carers were also in employment;

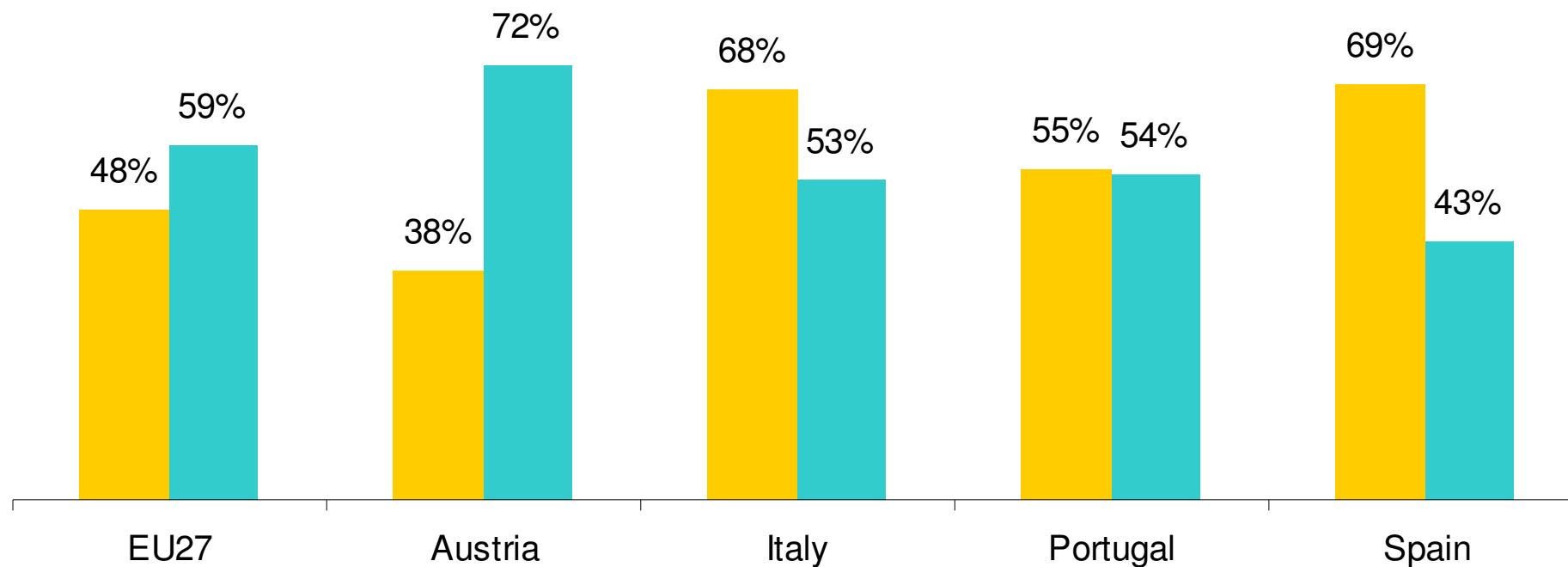
# Patterns of family care - Spain

- 12.4 % of all households contain a person responsible for caring for an elderly family member and almost 21 % of the population identify themselves as carers to some extent (Larizgoitia Jauregi 2004).
- Female carers provide more than 80 % of care (Huber, Rodrigues et al. 2009: 56).
- In the first instance the carer is a spouse, and if incapable (physically, socially or psychosocially) or absent, the responsibility of caring falls upon the children, daughters in particular. The age of carers is over 45 in 70 % of cases. Women between 45 and 54 make up 40 % of carers (Larizgoitia Jauregi 2004).

# Patterns of family care - Spain

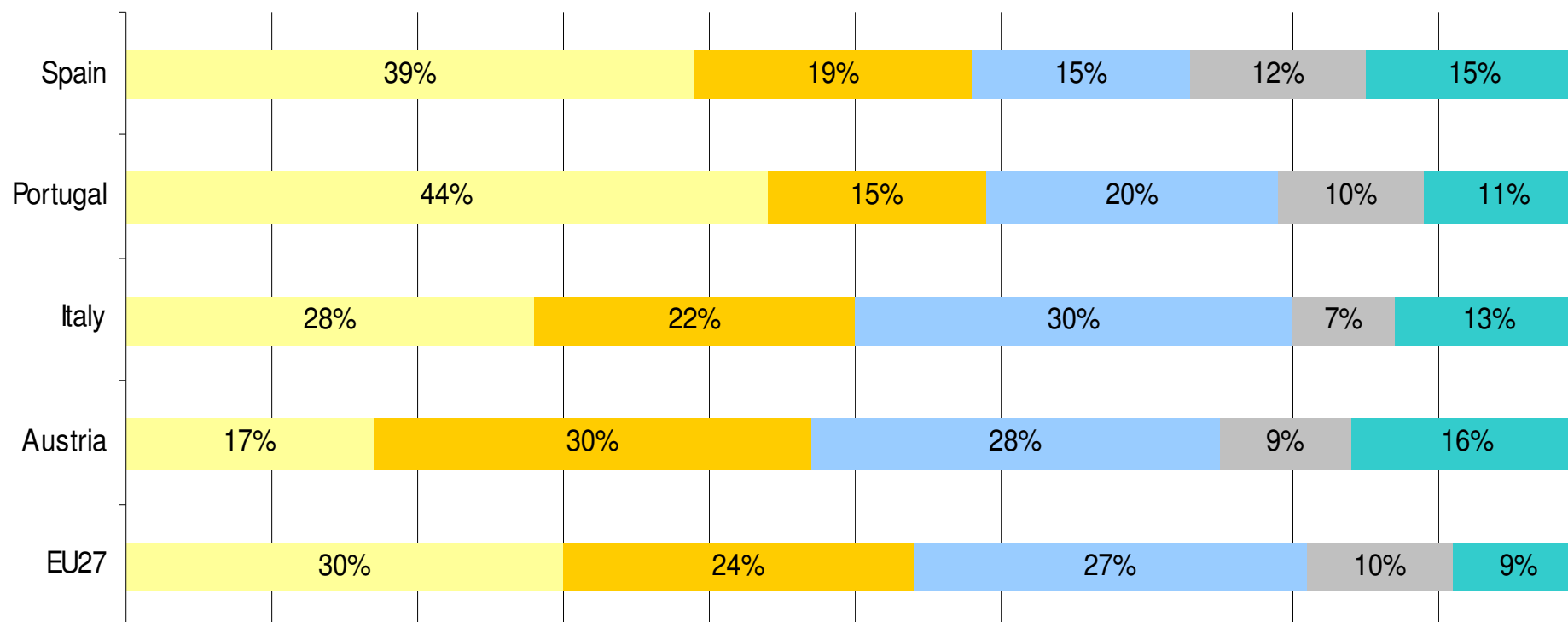
- 12 % of carers needed to stop working in order to fulfil their caring duties. (Larizgoitia Jauregi 2004).
- 64 % of family carers are forced to reduce their leisure time, 51 % are tired, 48 % are unable to go on holiday, 39 % do not have time to visit their friends,
- 32 % feel depressed, 29 % think their health has deteriorated, 26 % do not have time to look after other people as they would like, 23 % do not have time to look after themselves,
- 21 % have financial problems and 9 % have had conflicts with their partner (Larizgoitia Jauregi 2004).

# Social values impacts the national quality of LTC provision



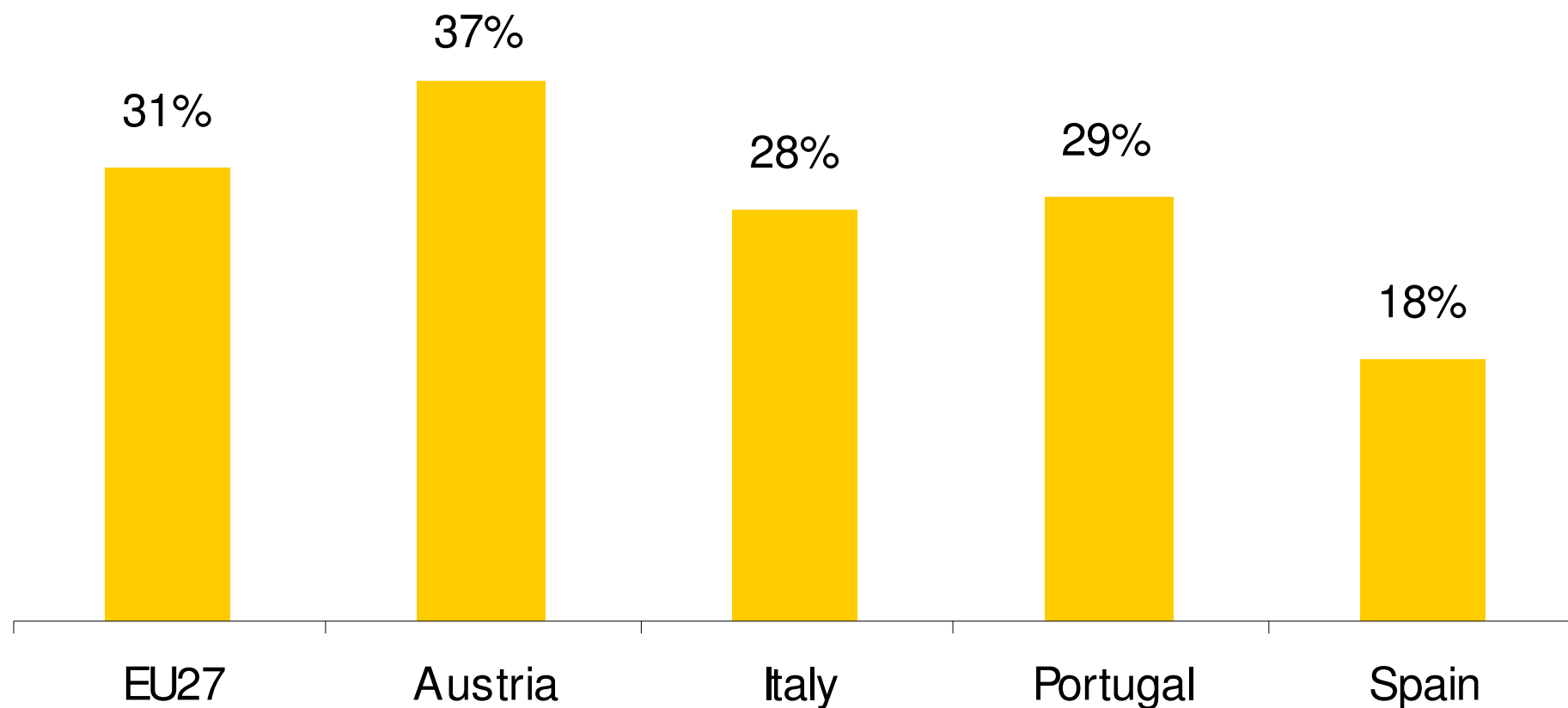
- Children should pay for the care of their parents if their parents' income is not sufficient
- Professional care staff looking after dependent elderly people are doing an excellent job

# Best option for an elderly parent living alone and in need of a regular help, country level



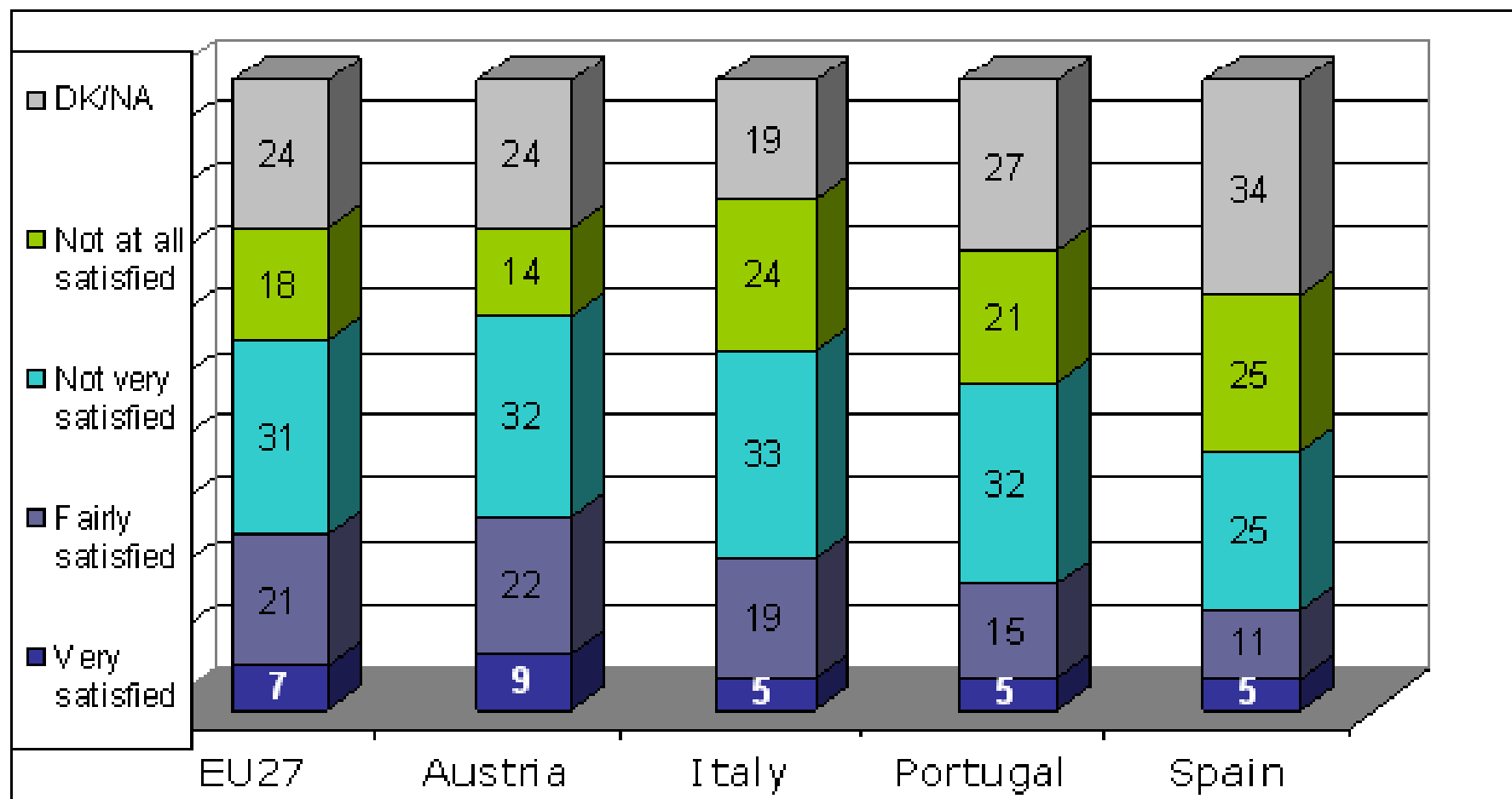
- They should live with one of their children
- One of their children should regularly visit their home and provide them with appropriate help and care
- Public or private service providers should visit their home and provide them with appropriate help and care
- They should move to a nursing home
- other answers

# Professional care at home is available at an affordable cost, % of agreement



Source: Eurobarometer 2007:77

# Satisfaction with public support for people caring for dependent older relatives, %





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Thank you very much for your attention!